



AROCA W6/W12 Regional Event Pānui 2024



WAKA AMA

W6 & W12 Regional Event

Ian Shaw Park

December 7 – 8, 2024

Races start 8am
Ian Shaw Park
Mount Wellington

Contact

Website

www.wakama.co.nz/AROCA W6 Regionals

Email

admin@aroca.co.nz

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Introduction

Tēnā koutou ngā kaihoe o te rohe o Tāmaki Makaurau. AROCA Regional Sprint Championships (W6 & W12).

This is the first pānui of the event. Additional information will be distributed at a later date.

The W6 & W12 events will be held over the normal Nationals distances, for all age grades. A team trophy will be awarded to the winning team. Entries are to be made through the Waka Ama NZ website and will close on **Sunday 1st December 2024**. Please note this is a regional event, and only paddlers from the AROCA region member clubs are eligible to enter.

KEY DATES:

- Friday 15 November – Entries Open
 - Sunday 1st December – Entries Close (at 11.59pm)
 - Saturday 7th December – RACE DAY 1
 - Sunday 8th December – RACE DAY 2
-

KAI: We encourage you to bring your own healthy kai, however a small range of food vendors will be available onsite to purchase healthy kai.

WHAREPAKU: Toilets are located to the right of the admin tent at the base of the park field.

ĀWHINA TUATAHI/FIRST AID: First Aid will be available on site.

TUKURUA/RECYCLING: We encourage you to please take what you bring. However, the main rubbish and recycling station is located by the main toilet block.

KORE AUAHI: Alcohol, smoking, vaping and any other substance use is not permitted at this event, including all premises of the event.

VENDORS: For those who wish to have their business situated at this event, please contact admin@aroca.co.nz with details about your business and what space you require.

VOLUNTEERS: These events would not be possible without the support of our Waka Community, please click the link to help us with volunteering.

[Volunteers](#)

RACE RULES

All sanctioned events must adhere to the Waka Ama NZ Race Rules, including any other rules specific to this event.

All entrants must be familiar with the Waka Ama New Zealand race and safety rules.

Refer to the following link for more information: [Waka Ama NZ Race Rules](#)

RACE DIVISIONS All age groups are outlined in the Waka Ama New Zealand Race Rules, rule 50.2. Note: J16 minimum age is 11 and J19 competitors must be a minimum age of 16 in the year of competition.

AGE CATERGORIES

Age is taken as reaching the specified age in 2025 (i.e. next year). This enables you to race in the same division as you will be in, at the upcoming 2025 nationals.

For more information visit:

- <http://www.wakaama.co.nz/agedivisionchecker>
- Email: admin@aroca.co.nz.

Division	Minimum (Age as of 31 December 2025)	Maximum (Age as of 31 December 2025)
Taitamariki	6	11
Intermediate	11	13
Junior 16	11	16
Junior 19	16	19
U23	16	23
Open	16	NONE
Masters	40	NONE
Senior Masters	50	NONE
Golden Masters	60	NONE
70 Masters	70	NONE
75 Masters	75	NONE
80 Masters	80	NONE

ENTRY FEES:

Entries are inclusive of both the W6 and W12 races. The cost is per person.

DIVISION	W6 500m	W12 500m
TAITAMARIKI	\$20.00	INCLUSIVE
INTERMEDIATE	\$20.00	INCLUSIVE
J16	\$20.00	INCLUSIVE
J19	\$20.00	INCLUSIVE
U23	\$30.00	INCLUSIVE
OPEN	\$30.00	INCLUSIVE
MASTERS	\$30.00	INCLUSIVE
SENIOR MASTERS+	\$30.00	INCLUSIVE

Parking & Layout

- Parking will be across the field opposite the entrance of Ian Shaw Park, please follow the instructions our volunteers will be giving you on the day.
- There are bathrooms inside the Nga Hau Maiangi facility, and additional portaloos opposite that building in front of the Rowing Club facility.
- Administration is stationed outside the front of the rowing club building.



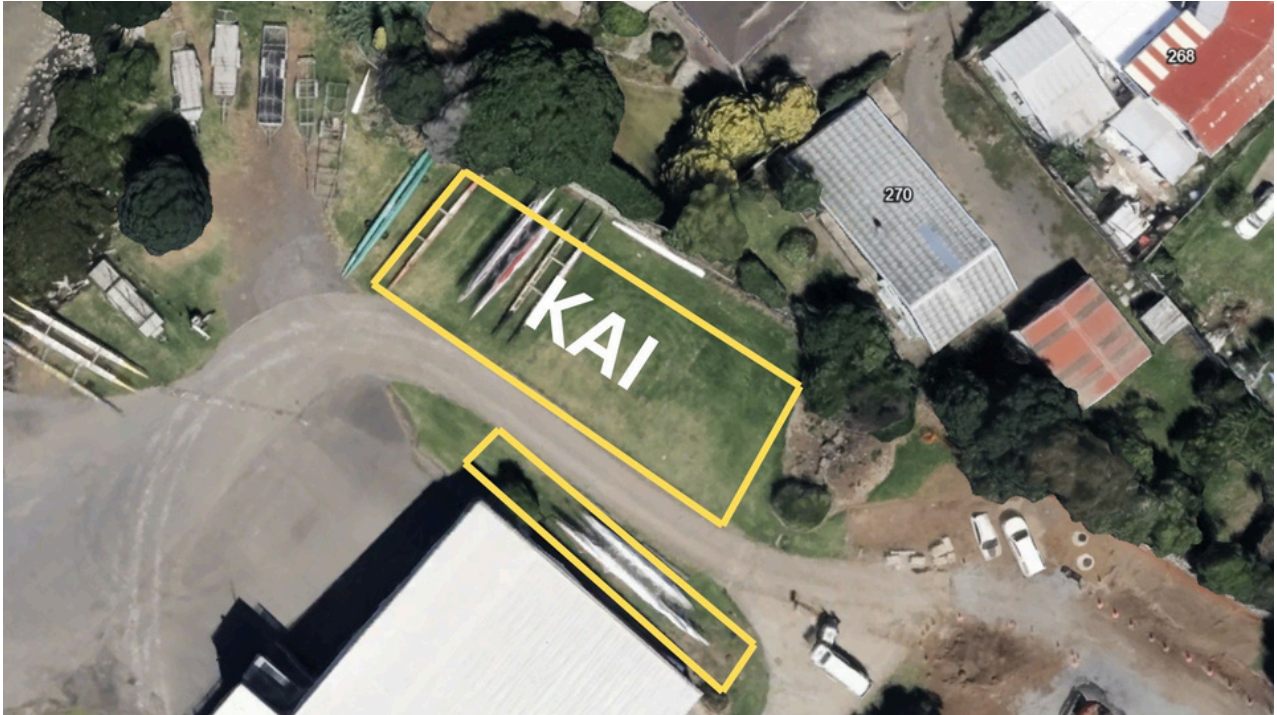
Race Grid & Loading Bay

- The Race will consist of the standard 500m sprint with the finish point being in front of the Loading Bay approx. 150m offshore.
- There will be 5 waka per heat, loading out 3 heats at a time and a fixed camera on the Finish Line.
- Green arrows in Loading Bay signal where competitors will paddle up to the Start line, whilst the red indicate those that have finished returning to the Loading Bay.



Amenities and Spectators Area

- Kai/Vendors will be located inside the yellow lines on display in the picture below.
- Due to sight obstruction, the front of the park is not permitted to have tents. All tents and gazebos must be pitched at the back of the park.



Event Schedule

**07
DEC**

All Divisions - W6

Event Schedule will be released closer to the time of the event with the first race being held at 8am. All W6 500m sprint races will be held on this day.

Location: Ian Shaw Park

**08
DEC**

All Divisions - W12

Event Schedule will be released closer to the time of the event with the first race being held at 8am. All W12 500m sprint races will be held on this day.



THE TEAM



Alf Motu
Race Director



Maruwhare Harman
Event Management



Louise Henderson
Race Committee



**Jackson Tamaariki-
Campbell**
Race Committee



Heremaia Rossier
AROCA Chair



Cherin Murray
AROCA Treasurer



Matt Appleyard
AROCA Secretary

*Whāia te mātauranga
hei oranga mō koutou,*

Nāku noa, nā AROCA